



Mountain Adventure Company

## Climb Two of the highest peaks in Europe in one trip.

Mt.Elbrus 5642m & Mt.Kazbek, 5033m

Mountain Adventure Company working with our Russian partners would like to offer you the chance to climb two of Europe's highest mountains Kasbek 5033m and Elbrus 5642m Europe's highest mountain in one 16 day trip.

The best way to enjoy any high altitude adventure is to be fit and acclimatised and we can think of no better way to acclimatise for Europe's highest mountain than by climbing a 5000m peak first. Climbing Kasbek is a great undertaking in its own right but will set you perfectly for an ascent of Elbrus. We would plan to climb Elbrus from the quiet North side.

### Summit day on Kasbek from high camp above the Genaldon Valley



### Summit day on Elbrus from Uncle Nicks Hut on the North side of the Mountain



Our 16 day program outlined below offers you plenty of opportunity to acclimatise and prepare with a comfortable night in a hotel to re-group between climbs.

**Program: 2012 June-July-August-September**

day	date	day's programme	night	meals
1		Flight to Min Vody. Transfer 80km to Tmenikau village 1750m, Karmadon valley.	Tmenikau	D
2		Transfer 40km to Tmenikau village 1750m, Karmadon valley. Trek 12km to Base Camp 2450m. Personal equipment with you. Close from the Camp there are 2 natural hot mineral water springs with bathes. Tent camp.	tent	BLD
3		Climbing to the Camp-1, 3400m. Start of the trail lies through Maily glacier and after by the West ridge. There are some places (around 100m) with fixed rope. Tent camp.	tent	BLD
4		Climbing to the Camp-2, 4150m. Short acclimatization (near 30 min) to the nearest mountain - Polyakov peak, 4270m. Tent camp.	tent	BLD
5		Rest day or Acclimatization ascension to the Mt.Maili slopes. Tent camp.	tent	BLD
6		Climb Mt.Kazbek 5033m, 5 km. Descent to the Camp-2 4150m.	tent	BLD
7		Share day for the weather or others circumstances.	tent	BLD
8		Descent to the Base Camp 2450m. 2 natural hot mineral water springs with bathes. Tent Camp.	tent	BLD
9		Descent to Tmenikau village. Transfer to Vladikavkaz 40km, then 250km to Piatigorsk, Intourist hotel, DBL rooms.	Intourist	BLD
10		Transfer to Hathansu meadow 2500m (200km). Hathansu Base Camp.	tent	BLD
11		Hike to Uncle Nick Hut 3760m. Instalation to the hut.	UNH	BLD
12		Acclimatization climb along Mt.Elbrus slopes. Night in the hut.	UNH	BLD
13		Summit day, climb Mt.Elbrus West 5642m. Night in the hut.	UNH	BLD
14		Spare Day (Climb Mt.Elbrus Est 5621m). Night in the hut.	UNH	BLD
15		Descent to Hathansu 2500m. Transfer to Piatigorsk (200km). Hotel Intourist. Piatigorsk visits.	Intourist	BL
16		Transfer to airport Min. Vody. Departure flight (time?, flight?).	depart	B

The exact cost will depend on the size of your team but with a group of 4 the trip would cost €2150 with an IFMGA guide as well as a local Russian Guide the cost would be €3350.

**The price includes:**

All necessary transfers required for carrying out the trip.  
Accommodation according to the program.  
Full board throughout the trip, excluding farewell dinner.  
Russian mountain guide.  
Outdoor Cook.  
Necessary formality (visa support, passport registration, border permit).  
National Park fee

**Not included:**

Flights to / from Vladikavkaz airport  
Unexpected preliminary evacuation cost  
Insurance  
Personal expenses, alcohol  
Visa costs